Urban District Council of Budleigh Salterton

DEPARTMENT OF HEALTH AND SOCIAL SECURITY
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ANNUAL REPORT

OF THE

MEDICAL OFFICER OF HEALTH

FOR THE YEAR

1969

I N D E X

Paragraph		Page
	Introduction	
	Staff	1
1.	Statistics of the Area	2
2.	Vital Statistics	2
3.	Live Birth Rate	3
4.	Illegitimate Birth Rate	3
5.	Still Births	3
6.	Infant Mortality	3
7.	Deaths	3 - 5
8.	Cancer	6
9.	Infectious Diseases	6
10.	Tuberculosis	6
11.	National Health Services	7 - 8
	Hospital Facilities	7
	Laboratory Facilities	8
	Venereal Disease	8
	Ambulance Facilities	8
	Care of Mothers and Young Children	8
	Maternity	8
	Care of Premature Infants	8
	Report of Surveyor and Public Health Inspector	9 - 12
12.	Water Supply	9
13.	Rodent Control	9
14.	Drainage and Sewerage	9
15.	House Refuse	9
16.	Housing	9
17.	Food	10
18.	Offices, Shops & Railway Premises Act, 1963..	11
19.	Factories Act, 1961	12

BUDLEIGH SALTERTON URBAN DISTRICT COUNCIL

Council Offices,
Station Road,
BUDLEIGH SALTERTON

July, 1970.

Mr. Chairman and Gentlemen,

It is with much pleasure that I present to you the Annual Report for the year ending 31st December 1969, included in which is the Report of the Public Health Inspector and Surveyor.

The standardised birth rate of 13.4, although slightly higher than that for the previous year, (12.6) was below that for England & Wales as a whole, (16.3).

The standardised death rate of 12.1 was slightly higher than the national rate of 11.9, but the average age at death, viz. 75.0 years for men and 80.0 for women, was above the average for England & Wales (1968), which was males 66.6 and females 72.6.

There was no maternal mortality, no deaths of infants under one year, no still births; and other than one case of pulmonary tuberculosis, no cases of notifiable infectious diseases.

In conclusion, I would like to thank all members of the Council and Staff for their interest and co-operation shown to me during the year.

I have the honour to be
Your Obedient Servant

L. G. ANDERSON

Medical Officer of Health

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S T A F F

Medical Officer of Health

L. G. Anderson M.D., Ch.B., D.P.H.

Surveyor & Public Health Inspector

P. M. Walsh, L.F.S., C.R.S.H.

Assistant to Surveyor & Public Health Inspector

J. E. Miller M.B.E., E.D., M.R.S.H., M.A.P.H.I.

1. STATISTICS OF THE AREA

Area in acres	1,018
Resident population mid-year 1969 (as estimated by the Registrar General)	3,960
Number of inhabited dwellings (31st March 1969)	1,754
Rateable Value	£268,105
Estimated product of a penny rate	£1,092

2. VITAL STATISTICS

(a) Live Births

	Males	Females	Total
Legitimate	18	12	30
Illegitimate	1	2	3
Total	19	14	33

Live birth rate per 1,000 estimated population	8.3
Standardised live birth rate per 1,000 estimated resident population	13.4
Live birth rate per 1,000 estimated civilian population England & Wales	16.3

(b) Still Births

There were no still births notified in the district in 1969. The still birth rate for England & Wales was 13 per 1,000 live and still births.

(c) Deaths

Males	Females	Total
57	52	109

Corrected death rate per 1,000 estimated resident population	27.5
Standardised death rate per 1,000 estimated resident population	12.1
Death rate per 1,000 civilian population, England & Wales	11.9

(d) Infant Mortality

No infants under the age of one year died in the district during 1969.

The infant mortality rate per 1,000 live births for England & Wales was 18.

3. LIVE BIRTH RATE (rate per 1,000 estimated resident population)

During 1969, 19 boys and 14 girls, a total of 33 babies, were born, which is two more than last year.

The following table shows the live birth rate during the last ten years

	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
Budleigh Salterton	9.5	10.5	10.7	11.6	9.3	11.2	9.5	7.0	7.8	8.3
Standard-ised	13.0	14.4	14.7	21.2	16.7	16.0	16.9	12.7	12.5	13.4
England & Wales	17.1	17.4	18.0	18.2	18.4	18.0	17.7	17.2	16.9	16.3

4. ILLEGITIMATE BIRTH RATE (rate per 1,000 live births)

Of the 33 births during the year, three were illegitimate. The illegitimate birth rate per 1,000 live births for the last ten years in Budleigh Salterton is as follows:

1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
81.1	54.0	100.0	93.0	85.3	-	27.9	74.0	32.2	90.9

5. STILL BIRTHS

There were no still births registered during the year.

6. INFANT MORTALITY

No babies under the age of one year died in Budleigh Salterton in 1969.

7. DEATHS

During the year 109 persons normally resident in the district died, 57 males and 52 females, 19 more than the previous year. This represents a death rate of 27.5, but when allowances are made for age and sex distribution, represents a standardised rate of 12.1. This is higher than the rate for England & Wales, 11.9.

The following table shows the corrected death rate and the standardised death rate for Budleigh Salterton during the last ten years.

	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
Corrected	20.8	18.2	17.7	18.9	18.1	27.0	21.2	23.8	22.7	27.5
Standard-ised	11.4	10.1	9.7	9.2	8.8	13.0	10.1	10.9	10.9	12.1
England & Wales	11.5	12.0	11.9	12.2	11.3	11.5	11.7	11.8	11.9	11.9

Causes of Death

The following table shows the causes of death (data supplied by the Registrar General).

	Male	Female	Total
Cancer			
Malignant neoplasm, buccal cavity, etc	1	1	2
oesophagus	1	1	2
stomach	2	1	3
intestine	-	2	2
lung, bronchus	5	1	6
breast	-	2	2
prostate	1	-	1
leukaemia	3	1	4
Other malignant neoplasms	4	1	5
Chronic rheumatic heart disease	1	1	2
Hypertensive disease	1	-	1
Ischaemic heart disease	15	9	24
Other forms of heart disease	3	4	7
Cerebrovascular disease	4	13	17
Other diseases of the circulatory system	4	4	8
Influenza	-	1	1
Pneumonia	3	5	8
Bronchitis and emphysema	2	-	2
Other diseases of respiratory system	-	1	1
Peptic ulcer	-	2	2
Intestinal obstruction and hernia	1	-	1
Cirrhosis of liver	1	-	1
Other diseases of digestive system	-	1	1
Hyperplasia of prostate	3	-	3
Other diseases, genito-urinary system	1	-	1
Motor Vehicle Accidents	1	-	1
All other accidents	-	1	1
Total	57	52	109

Deaths

(a) Causes of Death

As in previous years, the most prevalent causes of death were diseases of the heart, 34 cases (31%), cerebrovascular diseases were the cause of 25 deaths (23%), and cancer caused 27 deaths (24%)

(b) Age at Death

		1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
Males		71.7	69.0	75.1	62.6	64.5	67.1	76.2	75.8	75.2	75.0
Females		76.4	77.8	76.6	75.1	75.4	76.1	77.2	78.3	81.7	80.0
England & Wales	M.	68.0	68.1	68.1	68.0	68.8	68.9	65.9	66.0	66.6	-
	F.	73.6	73.9	74.0	73.9	74.5	74.7	71.9	72.0	72.6	-

(c) Expectation of Life

The future average lifetime of a male child aged one year in 1969 is 69.1 years and for a female child the life expectancy is 75.1 years.

(d) Deaths due to accidents

Male	59 years	Asphyxia, crush injury to chest - motor vehicle accident
Female	89 years	Pneumonia, fractured femur - tripped on electric fire.

The following table shows the incidence of deaths in various age groups. (From returns supplied by the local Registrar of Births and Deaths).

	Males	Females	Total	Percentage
Under 1 year	-	-	-	-
1 - 4 years	-	-	-	-
5 - 14 years	-	-	-	-
15 - 24 years	-	-	-	-
25 - 34 years	-	-	-	-
35 - 44 years	-	-	-	-
45 - 54 years	1	1	2	1.8
55 - 64 years	3	3	6	5.5
65 - 74 years	21	7	28	25.6
75 and over	32	41	73	66.9
Total	57	52	109	

8. CANCER

During the year 27 cases of death from cancer were recorded. The various parts of the body affected are shown below:

Site	Males	Females	Total
Buccal cavity	1	1	2
Oesophagus	1	1	2
Stomach	2	1	3
Intestine	-	2	2
Lung, Bronchus	5	1	6
Breast	-	2	2
Prostate	1	-	1
All other sites	7	2	9
Total	17	10	27

The incidence of deaths from cancer during the last ten years is as follows:

	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
Males	5	6	4	8	2	11	6	13	11	17
Females	5	8	6	4	11	8	9	7	3	10
Total	10	14	10	12	13	19	15	20	14	27
Rate per 1,000	2.6	3.8	1.5	3.7	3.4	5.0	4.0	5.1	3.5	6.6

9. INFECTIOUS DISEASES

There was one case of tuberculosis notified during the year.

The incidence (numbers notified) of infectious diseases in the district in the last ten years is shown below:

	1960	1961	1962	1963	1964	1965	1966	1967	1968	1969
Measles	42	31	63	23	-	7	2	89	4	-
Whooping Cough	10	5	1	7	-	-	-	-	-	-
Scarlet Fever	-	1	-	4	1	-	-	1	-	-
Pneumonia	8	6	9	5	2	-	1	-	-	-
Sonnei Dysentery	-	-	1	-	-	-	-	-	-	-
Tuberculosis	2	-	-	-	-	-	1	-	-	1

10. TUBERCULOSIS

One case of pulmonary tuberculosis was notified in the district during 1969.

11. NATIONAL HEALTH SERVICES ACT

The Health Service provided under Parts II and III of the National Health Service Act applicable to your district are briefly set out below:

Part II

1. Hospital Facilities

General - The Urban District is well served by the Budleigh Salterton Cottage Hospital, Tel. 2020, where there is accommodation for:

Males	8 beds	General	2 beds
Females	8 beds	Amenity	1 bed
		Private	2 beds

In addition to the above, the following hospitals are used:

a. The Royal Devon & Exeter Hospital, Southernhay East, Exeter
Tel. 72261 - 302 beds

b. Redhills Hospital, St. Thomas, Exeter
Tel. 76481 - 137 beds

c. Exeter City Hospital, Heavitree Road, Exeter
Tel. 77351 - 257 beds

d. Princess Elizabeth Hospital, Wonford Road, Exeter
Tel. 54217 - 111 beds

e. West of England Eye Infirmary, Magdalen Street, Exeter
Tel. 73183 - 62 beds.

The plastic surgery clinic for Devon is held at the Royal Devon and Exeter Hospital on the second Thursday morning in every month. Mr. Fitz-Gibbon and Mr. Bodenham of the South West Regional Hospital Board attend.

Maternity

a. Redhills Hospital, St. Thomas, Exeter - 10 beds

b. Exeter City Hospital, Heavitree Road, Exeter - 49 beds
31 cots

Isolation

Cases of infectious diseases are admitted, if necessary, to the Isolation Hospital, Whipton, Exeter, tel. 67158, as in previous years.

Smallpox

Cases of smallpox or suspected smallpox will be admitted to the Smallpox Isolation Hospital at Liskeard, Cornwall. Consultants who may be called upon to assist in the diagnosis of smallpox are:

East Devon - Dr. E. J. G. Wallace,
Health Centre, Westham Road,
Weymouth, Dorset.
Tel. Weymouth 1645, Home: 1513

Cornwall & Devon to River Exe -
Dr. W. H. St. John Brooke,
West Cornwall Hospital,
Penzance, Cornwall, Tel 2382

2. Laboratory Facilities

Bacteriological and serological examinations are carried out at the Public Health Laboratories, Church Lane, Exeter, tel. 77833, under the direction of Dr. B. Moore, whose ready co-operation and help I wish to acknowledge.

3. Venereal Disease

Free advice and treatment is available to all persons at the following centre:

	Males	Females
Royal Devon & Exeter Hospital	Monday 7 - 8 p.m. Friday 2 - 3 p.m.	Monday 6 - 7 p.m. Friday 3 - 4 p.m.

4. Ambulance Facilities

Three ambulances are maintained at the Ambulance Station, Bastin Hall, Elm Grove, Exmouth. All are equipped with radio telephone communication systems.

In the district served, the ambulances have carried 3,343 patients and have attended 66 street accidents and 44 home cases. The total mileage covered during the year was 45,035 miles.

Part III

1. Care of Mothers and Young Children

Mrs. T. M. Barry , 32 Shortwood Close, is the Health Visitor assigned to this district, tel 2213.

The Child Health Clinic is held every Friday afternoon and the Ante Natal Clinic each Monday afternoon. Both Clinics are held at the Health Centre, 1 The Lawn, and attended by local general practitioners.

During 1969, the following attendances were made:

Sessions held	Total attendances by infants 0 - 1	Total attendances by children 1 - 5
50	718 (new cases - 90)	512 (new cases - 20)

2. Maternity

There is one district nurse/midwife in this district, Nurse Powlesland, Burnside, Halse Lane, tel. 3274

3. Care of Premature Infants

When necessary, arrangements can be made for the admission of a premature baby and its mother to the nearest maternity unit, the Exeter City Hospital, where there are 31 cots for babies.

Report of the Surveyor and Public Health Inspector

12. Water Supply

The water supply in this district has been under the control of the East Devon Water Board since 1st October 1964.

All domestic properties are connected to the main water supply and 32 new properties were connected during the year.

The Water Board took 183 samples of water for bacteriological examination from various sources within the district, all of these proved satisfactory.

13. Rodent Control

During the year, 71 properties were inspected as a result of complaints, or because of survey under the Act. Of these, 52 premises were found to be infested and treated accordingly, 137 rats were destroyed.

All Council properties, including the refuse tip, are inspected regularly and treated as required.

There was no evidence that any of the Council sewers were responsible for harbouring rats.

14. Drainage and Sewerage

Sewerage for disposal is discharged into the sea between one hour after high water and one hour before low water; the sewer outfall valve being operated electrically on a tidal time switch to maintain these conditions. For a short period the switch had to be hand operated whilst the tidal clock was undergoing repairs.

15. House Refuse

House refuse is collected weekly from all premises within the area, additional collections being made from certain trade premises, a service for which a special charge is made.

Refuse is disposed of at a controlled tip at South Farm Road where a tractor is used to spread the refuse and to cover it with a suitable thickness of earth.

16. Housing

During 1969, 24 new houses and 8 new flats have been erected by private enterprise. These comprised 9 two bedroom and 15 three bedroom houses, all the flats being of two bedrooms.

No Council houses were erected or started during the year.

A total of 778 defects in Council properties were dealt with by direct labour.

17. Food

(i) The number and type of food premises in the Urban District are as follows:

Bakehouses	2
Butchers	4
Chocolate Manufacturer	1
Confectioners	3
Dairies	1
Fishmongers (Retail)	2
Fishmongers (Wholesale)..	2
Greengrocers	4
Grocers	8
Hotels and Guest Houses..	11
Public Houses	4
Catering Establishments..	10
Wholesale Stores	2

(ii) The number of premises registered under Section 16 of the Sale of Food & Drugs Act is:

Ice Cream	17
Other Foods	4

(iii) During the year, 68 visits were made to food premises and any necessary advice given. The standard of hygiene and cleanliness in such premises is generally good.

(iv) The amount of food condemned during the year was as follows:

	Cwts.	lbs.
Tinned Meat & Meat Products	1	102
Tinned Vegetables	10	8
Tinned Fruit	18	109
Tinned Fruit Juice	4	56
Tinned Soup		83
Tinned Milk & Milk Products	1	77
Miscellaneous		48
Fresh Fish		28
Fruit Pulp	2	73

The total weight of this condemned food, the bulk of which was voluntarily surrendered by a large firm of wholesale grocers operating in the area, was 2 tons, 1 cwt., 24 lbs. All condemned food is disposed of by burial at the Council's Refuse Tip.

(v) There are no premises within the Urban District used for the manufacture of ice cream and, therefore, coming within the Ice Cream (Heat Treatment) Regulations.

Offices, Shops & Railway Premises Act, 1963

A total of 123 visits were made under this Act and the statistics relating to the work are as follows:

Registrations and General Inspections

Class of Premises	Number of Premises newly registered during the year	Total number of registered premises at end of year	Number of premises receiving general inspection
Offices	3	17	3
Retail Shops	2	44	2
Wholesale Shops, Warehouses	1	3	1
Catering Establishments	-	10	-
Fuel Storage Depots	-	-	-
T O T A L S	6	74	6

Analysis of Persons Employed in Registered Premises by Workplace

Class of Workplace	Number of persons employed
Offices	97
Retail Shops	133
Wholesale Warehouses	76
Catering Establishments	42
Canteens	-
Fuel Storage Depots	-
TOTAL	348
Total males	167
Total females	181

No applications for exemptions under Section 46 of the Act were received and no accidents were reported during the year.

Advice and verbal instructions were given in a number of cases, but it was not found necessary to commence any legal proceedings.

19. Factories Act, 1961

1. Inspections for the purposesof provisions as to health, (including inspections made by the Public Health Inspector).

Premises (1)	Number on Register (2)	Number of Inspections (3)	Number of Written Notices (4)	Occupiers Prosecuted (5)
i. Factories in which Sections 1, 2,3,4 & 6 are to be enforced by local authorities	1	2	-	-
ii. Factories not included in (i) in which Section 7 is enforced by local authorities	10	12	-	-
iii. Other premises in which Section 7 is enforced by the local authority, (excluding out-workers' premises)	-	-	-	-
TOTAL	11	14	-	-

2. Cases in which defects were found

No defects were found.

3. Outworkers (Sections 133 and 134)

No outworkers were notified as employed in the District during the year.